

Navigating the Navigation Maze

The Northern Health Expedition

Cancer Patient Navigation Workshop
February 12, 2008
Edmonton, Alberta



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Our Destination:

**To improve cancer outcomes
in the Northern Health**



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Challenges:

1. Providing navigation in a large geographic region



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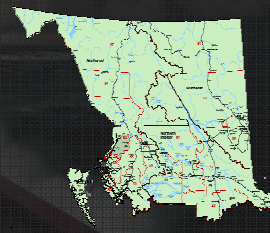
**Northern B.C. -
Geographical remoteness and size**

- Geographically 2/3 of province
- 598,000 square kms.
- Population: 310,000

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France 545,630 sq.Km.	Northern Health 598,000 sq. Km.
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B.C. NHA	Nova Scotia
• 598,000 km ²	• 55,000 km ²
• 310,000 pop	• 940,000 pop
• Prince George: 80,000	• Halifax: 381,000

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B.C. NHA	Nova Scotia
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Challenges:

1. Providing navigation for a large geographical region.
2. Limited human resources and limited funding

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Challenges:

3. Many marginalized peoples in our region with access and cultural issues

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Challenges:

3. Establish tools to evaluate program, inc. outcomes from program inception

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Conceptual Models

Shepherd or Rancher?

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Conceptual Models

Model 1
"Shepherd"

- Focus:
Individual care

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Conceptual Models

Model 1
"Shepherd"

- Focus:
Individual care
- Key Words:
Care, guidance,
teaching

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Conceptual Models

Model 1
"Shepherd"

- Benefits:
Gaps closed,
barriers
overcome,
timely diagnosis

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Conceptual Models

Model 1
"Shepherd"

- Limitations:
Limited # of
patients /
navigator

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Conceptual Models

Model 1
"Shepherd"

- Limitations:
High risk of
burn-out if
navigator must
keep adding
patients

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Conceptual Models

Model 1
"Shepherd"

- Limitations:
Each community
needs navigator
- high cost to
system

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Conceptual Models

Model 1 "Shepherd"
<ul style="list-style-type: none"> • Limitations: One more "silo" or "layer" - the exact problem we're trying to solve!

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Conceptual Models

Model 1 "Shepherd"	Model 2 "Rancher"

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Conceptual Models

Model 1 "Shepherd"	Model 2 "Rancher"
<ul style="list-style-type: none"> • Focus: Individual care • Key Words: Care, guidance, teaching 	<ul style="list-style-type: none"> • Focus: Systems of Care

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Conceptual Models

Model 1 "Shepherd"	Model 2 "Rancher"
<ul style="list-style-type: none"> • Focus: Individual care • Key Words: Care, guidance, teaching 	<ul style="list-style-type: none"> • Focus: Systems of Care • Key Words: systems, empowering, leadership

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Conceptual Models

Model 1 "Shepherd"	Model 2 "Rancher"
	<ul style="list-style-type: none"> • Limitations: To be successful the community of health care providers must be engaged

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Conceptual Models

Model 1 "Shepherd"	Model 2 "Rancher"
	<ul style="list-style-type: none"> • Benefits: Addresses both <u>sustainability</u> and <u>capacity</u>

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Conceptual Models

Model 1	Model 2
"Shepherd"	"Rancher"
	<ul style="list-style-type: none">• Benefits: Lower burn-out risk; cost-efficiency

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